Subway® Ingredients & Allergens

Ingredient information is based on the most current information supplied by food manufacturers.

Although every effort is made to keep this list current, ingredients may vary slightly due to season, changes in formula or use of alternate food suppliers. Please note that food manufacturing facilities may process other allergens not listed in below ingredient statements; these facilities take many steps to eliminate cross contamination with these allergens.

ALERT: Individual food items may come in contact with one another during food preparation and is not reflected on this document. Please notify the sandwich artist if you have a food allergy.

Updated August 2019, Czech Republic

BREADS & WRAPS

DREADS & WRAPS	
ITALIAN (WHITE) BREAD	Allergens: gluten (wheat), soya
Wheat flour, water, yeast, sugar, gluten, baking agent	Note: Bread produced from deep frozen dough.
(emulsifiers E472e; E481, releasing agent E516, soya	·
flour, dextrose, stabilizer E412, flour treatment agent E300,	
enzymes (alpha-amylase, xylanase)), vegetable fat, salt.	
WHEAT BREAD	Allergens: gluten (wheat, barley), soya
Wheat flour, water, yeast, sugar, gluten, wheat bran,	Note: Bread produced from deep frozen dough.
baking agent (emulsifiers E472e; E481, releasing agent	·
E516, soya flour, dextrose, stabilizer E412, flour treatment	
agent E300, enzymes (alpha-amylase, xylanase)), barley	
malt extract, vegetable fat, salt.	
HARD CHEESE & OREGANO BREAD	Allergens: gluten (wheat), soya, milk/lactose
Italian (White) Bread	Note: Bread produced from deep frozen dough.
Oregano, Parmesan style cheese topping.	
ROSEMARY & SEA SALT BREAD	Allergens: gluten (wheat), soya
Italian (White) Bread [wheat flour, water, yeast, sugar,	Note: Bread produced from deep frozen dough.
gluten, baking agent (emulsifiers E472e; E481, releasing	
agent E516, soya flour, dextrose, stabilizer E412, flour	
treatment agent E300, enzymes (alpha-amylase,	
xylanase)), vegetable fat, salt], rosemary and sea salt	
topping [rosemary, sea salt, rapeseed oil].	
MULTI-SEED WHEAT BREAD	Allergens: gluten (wheat, barley), soya, may contain
Wheat bread [wheat flour, water, yeast, sugar, gluten,	traces of nuts and sesame , due to manufacturing methods
wheat bran, baking agent (emulsifiers E472e; E481,	Note: Bread produced from deep frozen dough.
releasing agent E516, soya flour, dextrose, stabilizer E412,	Note: Bread produced from deep frozen dough.
flour treatment agent E300, enzymes (alpha-amylase,	
xylanase)), barley malt extract, vegetable fat, salt], multi-	
sed topping [sunflower seeds (40%), pumpkin seeds	
(30%), golden linseed (15%), brown linseed (15%)].	
TOMATO WRAP WITH BASIL	Allergens: gluten (wheat)
66 % wheat flour, water, rapeseed oil, raising agents	/ Morgons. gluton (Wilcut)
(E500, E450), 0,8% tomatoes, dextrose, salt, acid (E296),	
basil, spices, paprika.	
SPINACH WRAP	Allergens: gluten (wheat)
66 % wheat flour, water, rapeseed oil, raising agents	Tanangaria: glatori (miloat)
(E500, E450), 1,7 % spinach, dextrose, acid (E296), salt.	
GLUTEN FREE BREAD	Allergens: none
Water, rice flour, tapioca starch, maize starch, rapeseed oil,	7.110.19010. 110110
yeast, humectant (E422), psyllium husk powder, sugar, pea	
protein, stabilizers (E464, E415), salt, buckwheat flour.	
MÜSLI BREAD	Allergens: gluten (wheat, barley, oat, rye), may contain
Wheat flour, water, 8% raisins, wholegrain wheat flour,	Soya
yeast, wheat gluten, 3% oat flakes, 3% sunflower seeds,	Note: Bread produced from deep frozen dough.
3% pumpkin seeds, 3% linseed, 2% dried apricot, 2% dried	Trote. Dieau produced from deep frozen dough.
cranberry, sugar, salt, wheat sourdough,	
dried rye sourdough, wheat bran, malted barley extract,	
uned tye sourdough, wheat brain, mailed barrey extract,	

rice	flour,	vegetable	oil (sunflow	er, rape	seed), flour
trea	atment	agent	(ascorbic	acid),	enzymes,
ma	Ited whe	eat flour, ma	Ited barley flo	ur.	

POULTRY, PORK, BEEF, FISH, EGG

CHICKEN STRIPS

Chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500).

Allergens: none

Note: Made with 105g of chicken breast per 100g of finished product.

Whilst every effort has been made to remove all bones, some may remain.

CHICKEN TERIYAKI

Chicken strips [chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500)], teriyaki glaze [**Soya** sauce (water, **soya** beans, salt, **wheat** flour), water, tomato puree, spirit vinegar, glucose-fructose syrup, modified waxy maize starch, onions, sugar, herbs, paprika, salt, **sesame** seed, caramel sugar syrup, spices, thickening agent E410, preservative E202 and E211].

Allergens: soya, gluten (wheat), sesame

Whilst every effort has been made to remove all bones, some may remain.

BBQ CHICKEN

Chicken strips [chicken breast, dextrose, salt, 1.3% potato starch, acidity regulator (E500)], Hickory BBQ sauce [Water, sugar, cane molasses, tomato paste, malt vinegar (malted **barley**), spirit vinegar, 5% bakers honey, modified waxy maize starch, salt, spices (paprika, cumin, cayenne pepper), 0.3% smoked water, garlic puree [garlic, acidity regulator (citric acid)], onion powder, savory seasoning (yeast extract powder, maltodextrin, salt, rice flour, onion powder), oregano, clove oil].

Allergens: gluten (barley)

Whilst every effort has been made to remove all bones, some may remain.

CHICKEN TIKKA

Chicken meat, 4.5% seasoning [spices (cumin, coriander, chilli, fenugreek, cayenne), **wheat** flour, maltodextrin, garlic powder, sugar, natural turmeric flavoring, onion powder, color (E160c), coriander extract], 2% yoghurt powder (skimmed **milk**, cultures), tomato puree, salt, lactose (**milk**), stabilizers (E450, E451), 0.15% **milk** protein, lemon juice concentrate.

Allergens: gluten (wheat), milk/lactose

Note: Made with 106g of chicken per 100g of finished product. Whilst every effort has been made to remove all bones, some may remain.

MANGO CHICKEN TIKKA

Chicken Tikka [Chicken meat, 4.5% seasoning [spices (cumin, coriander, chilli, fenugreek, cayenne), wheat flour, maltodextrin, garlic powder, sugar, natural turmeric flavoring, onion powder, color (E160c), coriander extract], 2% yoghurt powder (skimmed milk, cultures), tomato puree, salt, lactose (milk), stabilizers (E450, E451), 0.15% milk protein, lemon juice concentrate], mayonnaise [water, rape seed oil (35%), spirit vinegar (10% acid), glucose-fructose syrup, modified waxy maize starch, salt, egg yolk, acidification agent: E 270, thickening agent: E 415, mustard seeds, spices], mango chutney [Mango (46%), Sugar, Water, Modified Maize Starch, Salt, Garlic Puree, Acidity Regulator (Acetic Acid), Black Onion Seeds, Color (Paprika Extract), Cumin Seeds, Mixed Spice (Coriander, Cassia, Ginger, Nutmeg, Fennel, Cloves, Cardamom), Fenugreek, Ground Black Pepper, Fennel Seeds, Ground Cardamom, Ground Cloves].

Allergens: gluten (wheat), milk/lactose, egg, mustard Note: Made with 106g of chicken per 100g of finished product. Whilst every effort has been made to remove all bones, some may remain.

HAM

Pork Rear Leg Meat (88.5%), Water, Salt, Dextrose, Modified Maize Starch, Stabilizers (E407, E450, E451), Smoke Flavoring, Antioxidant (E301), Preservative (E250). **PEPPERONI**

Allergens: none

Allergens: mustard

March for the book for the first transfer that the	New Marks of AAO and and have the AAO and Calabar I
Meat (pork, beef), beef fat, salt, dextrose, mustard flour,	Note: Made with 116g of pork and beef per 100g of finished
smoke flavoring, emulsifier (E471), sunflower oil, spice	product.
extracts (paprika, black pepper), starter culture, color	
(E160c), antioxidant (E301), preservative (E250).	All
SALAMI	Allergens: none
Meat (pork, beef), beef fat, salt, dextrose, garlic powder,	Made with 116g of Beef & Pork per 100g of finished
ground white pepper, smoke flavoring, color (E162), ground	product.
black pepper, starter culture, antioxidant (E301),	
preservative (E250).	
COOKED MAPLE STREAKY BACON	Allergens: none
Pork belly, salt, sugar, 2.2% maple syrup, smoke flavoring,	Made with 212g of raw pork belly per 100g of cooked
emulsifier (E451), preservative (E250).	product.
PORK RIB PATTY	Allergens: none
Pork 86.1%, water, inulin, pea fiber, salt, dextrose,	
stabilizer E450, antioxidant (E300, E392), acid E330,	
flavor.	
PHILLY STYLE STEAK	Allergens: soya, gluten (barley)
69% beef steak strips [beef*, seasoning (dried glucose	*Made with 129g of beef meat per 100g of finished product.
syrup, modified maize starch, dextrose, cane sugar, tomato	
powder, roasted barley malt extract, soya protein, acidity	
regulator (E330), garlic, natural flavorings (barley), onions,	
black pepper), dextrose, salt, stabilizers (E450, E451)],	
15% white diced onions, 9.5% green peppers, 6.5%	
seasoning [water, glucose syrup, dextrose, cane sugar,	
tomato powder, roasted barley malt extract, spices (black	
pepper, garlic, onions), acidity regulator (E330), natural	
flavorings (barley)].	
BEEF PATTY	Allergens: soya
Beef (81%), Beef Fat, Water, Textured Soya , Maltodextrin,	
Soya Concentrate, Salt, Starch, Onion Powder, Flavoring	
(Wheat Maltodextrin, Flavoring, Salt, Smoke Flavoring,	
Spice Extracts, Acidity Regulator (E330), Garlic Extract),	
Garlic Powder, Stabilizer (E450, E451), Antioxidant	
(E301).	
TUNA WITH MAYONNAISE	Allergens: egg, mustard, fish
Tuna: Tuna , water, salt.	,
Light Mayonnaise: Water, rape seed oil (35%), spirit	
vinegar (10% acid), glucose-fructose syrup, modified waxy	
maize starch, salt, egg yolk, acidification agent: E 270,	
thickening agent: E 415, mustard seeds, spices.	
CHILLI TUNA	Allergens: sulphates, fish
Tuna, red onion, green peppers, Jalapeño peppers	- G
[Jalapeño Peppers, water, vinegar, salt, potassium sorbate	
(preservative E202), calcium chloride (E509), sodium	
metabisulfite (E223)].	
FREE RANGE POACHED EGG	Allergens: egg
Hen's eggs , rapeseed oil.	,
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CHEESES

PROCESSED AMERICAN CHEESE	Allergens: milk/lactose
Cheese (64%), water, butter, milk Protein, emulsifying salt	
(E331), skim milk powder, whey powder , natural cheese	
flavoring, preservative (E200), separation aid (sunflower	
lecithin).	
CREAM CHEESE	Allergens: milk/lactose

Cream cheese, salt, buttermilk powder, microbial rennet,	
E410 and E412.	
GRATED HARD CHEESE TOPPING	Allergens: milk/lactose, egg
Milk (100% cow milk), salt, rennet, preservative lysozyme	
(from CHICKEN EGG).	
EMMENTAL STYLE SLICED CHEESE	Allergens: milk/lactose
Pasteurized cow's milk, salt, starter culture, microbial	
rennet.	
MOZZARELA & CHEDDAR GRATED CHEESE	Allergens: milk/lactose
74% mozzarella, 24 % red cheddar , 2% potato starch.	
FETA CHEESE	Allergens: milk/lactose
Pasteurized sheep milk, pasteurized goat milk, salt,	
starter cultures, non-animal rennet.	
CHEESE & ONION MIX	Allergens: milk/lactose, egg, mustard
Mozzarella & cheddar grated cheese [74% mozzarella, 24	
% red cheddar, 2% potato starch], red onion, green	
pepper, lite mayonnaise [Water, rape seed oil (35%), spirit	
vinegar (10% acid), glucose-fructose syrup, modified waxy	
maize starch, salt, egg yolk, acidification agent E 270,	
thickening agent E 415, mustard seeds, spices].	

VEGETABLE PRODUCTS

SPICY VEGAN PATTY	Allergens: soya, gluten (wheat), celery
Vegetable 45% (red onion, red pepper, carrot, spinach,	
corn, cabbage, peas, green chilli peppers, garlic),	
vegetable protein (soya, wheat, potato) water, sunflower	
oil, rice, dextrose, starch (potato, wheat), ginger, aroma	
(celery), spices, cilantro, salt.	
BEETROOT BEAN PATTY	Allergens: soya, gluten (wheat)
46.3%* beetroot, 14.9%* beetroot mix (soya protein,	, , , ,
bamboo fiber, modified starch, vinegar, beet juice powder,	
natural flavorings), 12.2%* beetroot blend [quinoa, dried	
cranberries (cranberries, sugar, sunflower oil), beetroot	
powder, natural flavoring, spices (paprika, cumin, black	
pepper, coriander, cinnamon, nutmeg, cardamom,	
cloves)], wheat gluten, water, 4.3% * black beans (water,	
dried black turtle beans, salt), fried onions, tapioca starch,	
salt.	
HUMMUS	Allergens: sesame
50% chickpeas, water, tahini sesame seed paste,	
rapeseed oil, concentrated lemon juice, olive oil, salt, garlic	
puree.	
JALAPEÑO PEPPER SLICES	Allergens: sulphates
Jalapeño Peppers, water, vinegar, salt, potassium sorbate	
(preservative E202), calcium chloride (E509), sodium	
metabisulfite (E223).	
PICKLES	Allergens: none
Gherkins, Water, Vinegar, Salt, Firming agent (Calcium	
Chloride), Preservative (Potassium Sorbate), Color	
(Curcumin), Natural flavoring.	
SUNBLUSH® TOMATOES HALVES	Allergens: none
Semi dried baby plum tomatoes (93%), Canola oil, Salt,	
Garlic Oregano.	
OLIVES	Allergens: none
Sliced Black Olives, Water, Salt, Ferrous Gluconate.	
TOMATOES	Allergens: none
Thin cut red tomatoes.	

CUCUMBERS	Allergens: none
Thin cut cucumber.	
ONIONS	Allergens: none
Thin cut red onion.	
LETTUCE	Allergens: none
Thick cut iceberg lettuce.	
TRI-COLOR PEPPERS	Allergens: none
Thin cut red, yellow and green peppers.	
SPINACH	Allergens: none
Spinach.	
SWEETCORN	Allergens: none
(100%) sweetcorn.	
GUACAMOLE	Allergens: none
Hass avocados (91%), distilled vinegar, water, jalapeño	
peppers, dehydrated onion, salt, granulated garlic.	
RAW SLAW	Allergens: none
Thin cut red and white cabbage, grated carrot (optional).	
BANANA	Allergens: none
Banana.	
APPLE	Allergens: none
Apple.	

SAUCES AND TOPPINGS HONEY AND HICKORY BBQ SAUCE

HONEY AND HICKORY BBQ SAUCE	Allergens: gluten (barley)
Water, sugar, cane molasses, tomato paste, malt vinegar	Allergens. gluten (barley)
(malted barley), spirit vinegar, 5% bakers honey, modified	
waxy maize starch, salt, spices (paprika, cumin, cayenne	
pepper), 0.3% smoked water, garlic puree [garlic, acidity	
regulator (citric acid)], onion powder, savory seasoning	
(yeast extract powder, maltodextrin, salt, rice flour, onion	
powder), oregano, clove oil.	All
CHIPOTLE SOUTH WEST	Allergens: egg, mustard
Rapeseed oil, water, glucose-fructose syrup, spirit vinegar,	
egg yolk, salt, onions, chipotle chili 0.7%, mustard,	
modified waxy maize starch, yeast extract, acidification	
agent lactic acid, thickening agent E 415, spice, herbs,	
paprika- and chili extract, smoke flavor.	
LITE MAYONNAISE	Allergens: egg, mustard
Water, rape seed oil (35%), spirit vinegar (10% acid),	
glucose-fructose syrup, modified waxy maize starch, salt,	
egg yolk, acidification agent E 270, thickening agent E 415,	
mustard seeds, spices.	
TOMATO KETCHUP	Allergens: none
75% tomato puree, glucose-fructose syrup, spirit vinegar,	
modified starch, salt, acid lactic acid, spices.	
WHOLEGRAIN HONEY MUSTARD	Allergens: mustard
Water, 20% bakers honey, 13%	
Dijon mustard (water, mustard seeds, vinegar, salt),	
rapeseed oil, spirit vinegar, sugar, lemon juice from	
concentrate, 1.5% mustard seeds, 1%	
wholegrain mustard (water, mustard seeds,	
Dijon mustard (water, mustard seeds, vinegar, salt),	
white wine vinegar, spirit vinegar, horseradish,	
salt, mustard flour, mustard bran, pimento),	
1% mustard flour, salt, modified potato starch, stabilizers	
(guar gum, xanthan gum), onion powder, preservative	

(potassium sorbate), acidity regulator (lactic acid), color	
(curcumin).	
SWEET ONION	Allergens: mustard
Water, sugar, balsamic vinegar (wine vinegar, must),	
vinegar, modified corn starch, spices (2.2% onion powder,	
poppy seed, mustard seed, black pepper), apple juice	
concentrate, salt, natural flavorings, rapeseed oil, 0.2%	
onion juice concentrate, thickener (E415), smoke flavoring,	
bell pepper, onions.	
CAESAR SAUCE	Allergens: milk/lactose, egg, soya, gluten (wheat)
Rapeseed oil, water, spirit vinegar*, glucose-fructose	
syrup, grated hard cheese (4%), buttermilk , modified waxy	
maize starch, salt, cheese (1.5%), garlic, egg yolk, natural	
flavoring, lemon juice concentrate, spices, soya sauce	
(water, soya beans, wheat flour, salt), acidification agent	
lactic acid, thickening agent E 415.	
TERIYAKI SAUCE	Allergens: soya, gluten (wheat), sesame
Soya sauce (water, soya beans, salt, wheat flour), water,	
tomato puree, spirit vinegar, glucose-fructose syrup,	
modified waxy maize starch, onions, sugar, herbs, paprika,	
salt, sesame seed, caramel sugar syrup, spices, thickening	
agent E410, preservative E202 and E211.	
GARLIC VEGAN SAUCE	Allergens: none
Rapeseed oil, water, spirit vinegar, sugar, garlic (2%),	
modified maize starch, salt, modified potato starch, parsley,	
acidity regulator: lactic acid, garlic oil (0.2%), preservative:	
potassium sorbate, stabilizers (xanthan gum, guar gum).	All
HOT CHILLI	Allergens: none
Jalapeño red mash (red Jalapeño peppers, spirit vinegar,	
salt), cayenne pepper mash (cayenne pepper, salt, acidity	
regulator: acetic acid), water, spirit vinegar. OLIVE OIL	Allergens: none
Olive oil.	Allergens. none
MANGO CHUTNEY	Allergens: none
Mango (46%), Sugar, Water, Modified Maize Starch, Salt,	Allergens. Hone
Garlic Puree, Acidity Regulator (Acetic Acid), Black Onion	
Seeds, Color (Paprika Extract), Cumin Seeds, Mixed Spice	
(Coriander, Cassia, Ginger, Nut meg, Fennel, Cloves,	
Cardamom), Fenugreek, Ground Black Pepper, Fennel	
Seeds, Ground Cardamom, Ground Cloves.	
VINAIGRETTE	Allergens: mustard
Rapeseed oil, water, spirit vinegar, sugar, olive oil, 5%	- 9
Dijon mustard (water, mustard seeds, vinegar, salt), salt,	
black pepper, stabilizers (xanthan gum, guar gum).	
STICKY SWEET CHILLI	Allergens: none
Sugar, water, vinegar, glucose syrup, sambal (red pepper,	
salt, stabilizer [E270], preservative]E202]), modified corn	
starch, mashed garlic, salt, mashed paprika, paprika	
granulate, garlic granulate, preservative (E202), chillies.	
OREGANO	Allergens: none
Dried oregano.	
CRISPY ONION	Allergens: gluten (wheat)
Onion (70%), palm/rapeseed oil, wheat flour, salt.	
CHILLI FLAKES	Allergens: none
Red chilli flakes.	
SEA SALT	Allergens: none
Sea salt.	
MIXED PEPPERCORNS	Allergens: none
65% black pepper, 35% green pepper.	

ROSEMARY & SEA SALT	Allergens: none
Rosemary, sea salt, rapeseed oil.	
MULTI-SEED	Allergens: may contain traces of nuts and sesame , due to
Sunflower seeds (40%), pumpkin seeds (30%), golden	manufacturing methods.
linseed (15%), brown linseed (15%).	

COOKIES & SWEET TREATS

COUNIES & SWEET TREATS	
CHOCOLATE CHIP COOKIE DOUGH (CHOCOLATE	Allergens: milk, gluten (wheat), egg, soya, may contain
COOKIE)	traces of nuts
Wheat flour, 23% chocolate chip [sugar, cocoa mass,	
cocoa butter, emulsifier (soya lecithin), natural flavor	
(vanilla)], sugar, margarine [palm fat, butter, water, salt,	
rapeseed oil, emulsifier (mono-and diglycerides of fatty	
acids), natural flavor (butter, milk), acid (citric acid), color	
(beta carotene)], pasteurized whole egg (from free range-	
eggs), palm fat, molasses, raising agent (sodium	
carbonate), flavoring (vanilla), salt.	
CHOCOLATE CHUNK COOKIE DOUGH (CHOCOLATE	Allergens: milk, gluten (wheat), egg, soya, may contain
COOKIE)	traces of nuts
Wheat flour, sugar, 16% chocolate chunks [sugar, cocoa	
mass, cocoa butter, dextrose, emulsifier (soya lecithin),	
natural flavoring (vanilla)], palm fat, pasteurized whole	
egg (from free-range hens), invert sugar syrup, molasses,	
water, sweet whey powder, raising agent (sodium	
carbonate), salt, flavoring (vanilla).	
DOUBLE CHOCOLATE COOKIE DOUGH (SUPER	Allergens: milk, gluten (wheat), egg, soya, may contain
CHOCOLATE COOKIE)	traces of nuts
Sugar, wheat flour, margarine [palm fat, water, salt,	
rapeseed oil, emulsifier (mono-and diglycerides of fatty	
acids), natural flavoring (butter, milk), acid (citric acid),	
color (beta carotene)], 12% white confectionary chips	
[sugar, palm kernel fat, skimmed milk powder, emulsifier	
(soya lecithin), natural flavoring (vanilla)], 7% chocolate	
[sugar, cocoa mass, cocoa butter, emulsifier (soya	
lecithin), natural flavoring (vanilla)], pasteurized whole egg	
(from free-range hens), 3,6% fat reduced cocoa powder,	
butter , molasses, flavoring (vanilla), raising agent (sodium	
carbonate), salt.	
WHITE CHIP MACADEMIA NUT COOKIE DOUGH	Allergens: gluten (wheat), milk/lactose, egg, soya,
(WHITE CHOCOLATE & MACADAMIA NUTS CHOOKIE)	macadamia nuts
Wheat flour, sugar, margarine [palm fat, butter, water, salt,	
rapeseed oil, emulsifier (mono-and diglycerides of fatty	
acids), natural flavoring (butter, milk), acid (citric acid),	
color (beta carotene)], 15% white confectionary chips	
[sugar, palm kernel fat, skimmed milk powder, emulsifier	
(soya lecithin), natural flavoring (vanilla)], 6% macadamia	
nuts, pasteurized whole egg (from free-range hens),	
molasses, raising agent (sodium carbonate), flavoring	
(vanilla), salt.	Alleganes alutes (subset) as a self finite of a
CHOCOLATE CHIP WITH RAINBOW CANDIES COOKIE	Allergens: gluten (wheat), egg, milk/lactose, soya, may
DOUGH (RAINBOW COOKIE)	contain traces of nuts
Wheat flour, sugar, palm fat, 9% chocolate (sugar, cocoa	
mass, cocoa butter, emulsifier (soya lecithin), natural	
flavor), 9% confectionary chips coated (dried cane sugar	
syrup, sugar, cocoa butter, cocoa mass, whole milk	
powder, rice starch, glazing agents (gum arabic, shellac,	
carnauba wax, beeswax), color (curcumin, beetroot red,	
beta carotene), emulsifier (soya lecithin), vanilla extract),	

pasteurized whole egg (from free-range hens), molasses, water, raising agent (sodium bicarbonate), sweet whey powder , natural flavor, table salt.	
OATMEAL RAISIN COOKIE DOUGH (OATMEAL & RAISINS COOKIE) Sugar, wheat flour, palm oil, 15% raisins, 13% oat flakes, free range pasteurized egg, water, salt, sweet whey powder, raising agent (sodium hydrogen carbonate), cane sugar drain syrup, sugar beet syrup, invert sugar syrup, cinnamon, coloring plant extracts (pumpkin, apple).	Allergens: gluten (wheat, oat), egg, milk/lactose, may contain traces of nuts
RASPBERRY CHEESE CAKE COOKIE DOUGH (RASPBERRY & CHEESECAKE COOKIE) Wheat flour, sugar, margarine [palm fat, water, salt, rapeseed oil, emulsifier (mono-and diglycerides of fatty acids), acid (citric acid), color (beta carotene)], 15% white confectionary chips [sugar, palm kernel fat, skimmed milk powder, emulsifier (soya lecithin), natural flavoring (vanilla)], pasteurized whole egg (from free-range hens), 4% raspberry nuggets [dextrose, palm oil, corn flour, raspberry powder, color (beet root red, anthocyanin), acid: citric acid, natural flavor (raspberry)], 1,6% cream cheese powder, invert sugar syrup, flavoring (raspberry, butter), raising agent (sodium carbonate), salt, coloring plant extracts (pumpkin, apple), modified starches.	Allergens: gluten (wheat), milk/lactose, egg, soya, may contain traces of nuts
COCONUT & CHOCOLATE COOKIE Wheat flour, sugar, palm oil, 16% milk chocolate chunks (sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), natural flavoring), 8% grated coconut, free range eggs, invert sugar syrup, water, natural flavoring, raising agent (sodium hydrogen carbonate), salt.	Allergens: milk/lactose, gluten (wheat), egg, soya, may contain traces of nuts

DRINKS & SIRUPS

ESPRESSO/AMERICANO	Allergens: none
Water, coffee beans.	
TEA	Allergens: none
Water, tea.	
CAPPUCCINO/CAFÉ LATTE/ FLAT WHITE/ICE	Allergens: milk/lactose
COFFEE	
Water, milk, coffee beans.	
FLAVORED LATTE	Allergens: milk/lactose
Water, milk, coffee beans, syrup (ingredients depend on	
flavor).	
HOT CHOCOLATE	Allergens: milk/lactose
Milk, chocolate drink powder.	
POST-MIX DRINKS	Allergens: none
Post-mix sirup, water.	
SYRUP MONIN ALMOND	Allergens: nuts - almonds
Sugar, water, flavoring, emulsifying agent: E414, E413.	
Contains bitter almond extract.	
SYRUP MONIN CARAMEL	Allergens: none
Sugar, water, flavoring, acid: citric acid, color: E150a.	